

# PEANUT SUSTAINABILITY 101 QUIZ

Choose the best answer for each question based on the notes taken from the peanut sustainability 101 discussion.

**1. What are some of the key characteristics of sustainable food?**

- A. Foods produced without harmful pesticides and chemicals
- B. Foods that are safe and healthy
- C. Foods produced without non-essential growth promotion supplements
- D. All of the above

**2. How many gallons of water are required to produce 1 ounce of peanuts?**

- A. 28.7
- B. 26.7
- C. 3.2
- D. 23.6

**3. Being a deep-rooted crop peanut roots can grow more than \_\_\_\_ feet underground.**

- A. 2
- B. 3
- C. 4
- D. 6

**4. Peanuts plants create a canopy of vines and adjust their growing cycle based on water availability which contribute to water conservation.**

- A. True
- B. False

**5. Peanut butter is an economical source of protein and does not require refrigeration making it one of the most requested items by U.S. Food Banks.**

- A. True
- B. False

**6. Peanuts are zero waste plants. Give three examples of items created from the peanut plant.**

- A. \_\_\_\_\_
- B. \_\_\_\_\_
- C. \_\_\_\_\_

7. What item can be made from the American peanut?
- A. Biodiesel
  - B. Livestock Feed
  - C. Fireplace Logs
  - D. All of the above
8. **Peanuts are equipped with more than \_\_\_\_\_ essential vitamins and nutrients.**
- A. 10
  - B. 20
  - C. 30
  - D. 40
9. **Which of the following has the smallest carbon footprint of any nut?**
- A. Almonds
  - B. Peanuts
  - C. Walnuts
  - D. Pistachios
10. **Peanuts are a legume and the most water use efficient nut produced in the world.**
- A. True
  - B. False