

Additional Instructional Resources

Here are some suggestions for additional content:

• Videos

- Peanuts: The Superfood
<https://www.youtube.com/watch?v=vjEk78ixCwI>
- Peanuts: The Crop of Now <https://youtu.be/w5Riyh9SsEs>
- Farming Peanuts: <https://youtu.be/i6SxMFDf4rQ>
- Managing food allergies in a culinary program.
<https://peanutbutterlovers.com/foodservice/managing-food-allergies-in-a-culinary-program/>

• Documents

- Just Add Peanuts! Small Changes with Big Results. https://peanut-institute.com/wp-content/uploads/2022/01/TPI_small-changes-infographic_1.21.22.pdf
- How Peanuts Power a Healthy Heart <https://peanut-institute.com/wp-content/uploads/2021/02/Infographic-Heart-Health-2.pdf>
- Defend Against Diabetes with Peanuts https://peanut-institute.com/wp-content/uploads/2020/11/TPI_DiabetesMonth_Infographic_V3.pdf
- Instead of Peanut Free, Be Allergen Aware
https://www.nationalpeanutboard.org/content/1126/files/Managing_FoodAllergiesinSchools_2019.pdf This discusses that casual contact poses an extremely low risk for serious reaction.